

Walk Bike Run

CELEBRATE AT THE SOUTHERN CALIFORNIA FAIR

2nd Annual FSA Fun Run and Bike Race October 9, 2010

Begins and ends at the Lake Perris Fairgrounds



One Mile Walk

Starts at 9:30am. A one mile walk for all levels of fitness.
Perfect for the whole family to participate.
Entry Fee \$15 or \$10 per person for teams of 5 or more.

WALK

On-Site Runner and Bike Registration 8:00am
Pre-Registered Runners and Bike Registration 8:30am



30 Mile Competitive Bike Race

Starts at 8:00am. This 30 mile competitive race will take you
through the beautiful Lake Perris State Park.
Entry Fee \$45.

BIKE

First Place Prizes will be given for Walk, Bike and Run Plus...T-Shirt and Goody Bags For All!



5K Fun Run or 5K Competitive Run

Starts at; Fun Run 9:15am / Competitive Run 10:00am
Get a group of friends together and register as a team
Entry Fee \$15 or \$10 per person for teams of 5 or more.

RUN

FREE Admission to the Fair

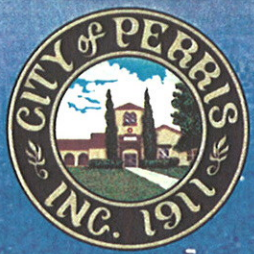


Southern California Fair

Your registration and participation is your ticket to fun at the Southern California Fair. Stay at the Fair after the race is over and enjoy traditional Fair activities including Sprint Car Races, Carnival, Livestock, Shopping, Food & Exhibits.



FUN



FSA Fun Run and Bike Race proceeds benefit Family Service Associations Senior Nutrition Department in their fight to feed thousands of hungry seniors every day!

FSA FUN RUN & BIKE RACE REGISTRATION

To be held at the Lake Perris Fairgrounds
18700 Lake Perris Drive • Perris • CA • 92571

FREE ADMISSION

to the

Southern California Fair for the rest of the day!

Event you are participating in:

- 30 Mile Competitive Bike Race \$45
- 5K Fun Run or 5K Competitive Run
\$15 or \$10 per person for teams of 5 or more
- One Mile Walk \$15 or \$10 per person for teams of 5 or more

First Name _____ Last Name _____

Age on day of event _____ Emergency Contact _____

Address _____
Street City State Zip

Phone Number _____ Email _____

Signature Date

Signature of Parent or Guardian Date

By signing this form you agree to the waiver statement at the bottom of this flier. Disqualification will occur if any runner does not sign this waiver or a waiver the day of the event.

Adult T-Shirt Size: S M L XL XXL

Mail form and entry fee to: Family Service Association
Attn: Jeanne Joyce
21250 Box Springs Road, Suite 101
Moreno Valley, CA 92557
Phone: 951-342-3057
Fax: 951-342-3055
Email: jjoyce@fsaca.org

FSA Fun Run & Bike Race Participant Waiver:
I knowingly, and at my own risk, am participating in the FSA Fun Run event on October 9, 2010. I do hereby waiver release any and all claims against Family Service Association, City of Perris, Southern California Fair, all event sponsors and any employee, volunteer or official of participating organizations for any claim of injury (including death) that I may incur as a result of my participation in the event. I further hereby certify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in the FSA Fun Run & Bike Race, I require medical attention, I hereby give consent to authorize medical personnel to provide such medical care as deemed necessary.